



Saturday, 11/1

10:00 – News, Views, & Coffee Brews
11:00 – Murder She Wrote
1:00 – Front Porch Sitting
2:00 – Card Games & Country Music
3:00 – Walking Warriors Club

Sunday, 11/2

Daylight Savings Time Ends
10:00 – Resident Lead Devotions
11:00 – Chair Exercises
1:00 – Front Porch Sitting
2:00 – Temple Baptist Church
3:00 – Dr. Doolittle & Popcorn

Monday, 11/3

National Sandwich Day
10:00 – Clear Springs Baptist Church
11:00 – Workout w/Me
1:00 – Front Porch Sitting
2:00 – PB w/Banana Sandwiches & Elvis
3:30 – Hangman Elvis edition

Tuesday, 11/4

National Fast Food Day
10:00 – Getting Old ain’t for Wimps
11:00 – Workout w/Brandon from UT
1:00 – Back Patio Sitting
1:30 – Golden Girls
2:00 – Cornhole Practice

Wednesday, 11/5

National Red Head Day
10:00 – Hosting BINGO at Halls Senior Center
11:00 – Golden Girls
11:30 – Chair Yoga to CCR
1:00 – Back Patio Sitting
2:00 – The No Name Band Performance

Thursday, 11/6

National Nacho Day
10:00 – Friendship & Fellowship
11:00 – Dancing to Dolly
1:00 – Front Porch Sitting
1:30 – Nachos & Name That Tune
2:30 – Movie Night “Nacho Libre”
6:00 – Gilead Baptist Church Services

Friday, 11/7

10:00 – Devotions & Old Baptist Hymns
11:00 – Balloon Bop to the Beach Boys
1:00 – Front Porch Sitting & Socializing
1:30 – Hangman Western edition
2:00 – Movie Night Residents Choice

Saturday, 11/8

10:00 – Resident Lead Devotions
11:00 – Moving & Grooving to Music
1:00 – Front Porch Sitting
1:30 – Puzzles & Pals
2:30 – Murder She Wrote

Sunday, 11/9

10:00 – The Heartland Series
11:00 – Reading Readers Digest
1:00 – Movers & Groovers Walking Club
2:00 – Temple Baptist Church
3:00 – Crosswords & Cornhole

Monday, 11/10

National Vanilla Cupcake Day
10:00 – Clear Springs Baptist Church
11:00 – Chair Workout to the Beach Boys
11:30 – episode of Cake Boss
1:00 – Front Porch Sitting
1:30 – Vanilla Cupcake Decorating

Tuesday, 11/11

Happy Veterans Day
10:00 – Devotions & Patriotic Sing Along
11:00 – Workout w/Brandon from UT
2:00 – Honor our Heroes
3:00 – Freedom Fest
5:30 – Good Morning Vietnam Movie Night

Wednesday, 11/12

10:00 – Getting Old Ain’t for Wimps
11:00 – Chair Yoga to CCR
11:30 – I love Lucy
1:00 - OUTING Coal Creek Miners Museum
Cruising Norris Dam State Park

Thursday, 11/13

National World Kindness Day
10:00 – Devotions & Sing Along
11:00 – Golden Girls
1:00 – Front Porch Sitting
2:00 – Spread Positivity Making Positive Sticky Notes
3:30 – The “Kindness Rocks” Project
6:00 – Gilead Baptist Church

Friday, 11/14

National Pickle Day
10:00 – Devotions Sing Along w/ Sheila
11:00 – Balloon Bop to the Beach Boys
1:00 – Front Porch Sitting
1:30 – Pickle Tasting
2:00 – Town Hall
2:30 – Movie Night “Up”

Saturday, 11/15

10:00 – The Heartland Series
11:00 – Chair Exercises to Donna Summers
1:00 – Front Porch Sitting
1:30 – Movers & Groovers
2:30 – The Price Is Right & Pop-corn

Sunday, 11/16

10:00 – Resident Lead Devotions
11:00 – Gun Smoke
1:00 – Front Porch Sitting
1:30 – Cornhole Practice
2:00 – Temple Baptist Church

Monday, 11/17

10:00 – Clear Springs Baptist Church
11:00 – Sweating to the Oldies
11:30 – I Love Lucy
1:00 – Back Patio Sitting
2:00 – OUTING

Tuesday, 11/18

Mickey Mouse Birthday
10:00 – Devotions & Old Baptist Hymns
11:00 – Workout w/Brandon from UT
1:00 – Back Patio Sitting
2:00 – Mickey Bday Party
3:00 – BINGO

Wednesday, 11/19

National Play Monopoly Day
10:00 – Devotions & Sing Along
11:00 – Chair Exercises to Chuck Berry
1:00 – Front Porch Sitting
2:00 – Monopoly & Music
3:30 – Petticoat Junction

Thursday, 11/20

World Television Day
10:00 – Devotions & Sing Along
11:00 – Jazzercise to Jimmy Buffet
1:00 – Front Porch Sitting
2:30 – Hangman 70’s & 80’s TV Edition
3:30 – Baby’s Funniest Videos
6:00 – Gilead Baptist Church

Friday, 11/21

10:00 – Devotions & Old Baptist Sing Along
11:00 – Chair Yoga
1:00 – Front Porch Sitting
2:00 – The Golden Girls
4:30 – Family Thanksgiving Dinner

Saturday, 11/22

10:00 – Resident Lead Bible Study
11:00 – Scrabble & Socializing
1:00 – Front Porch Sitting
2:00 – Scrabble & Socializing
3:00 – Puzzle Pals

Sunday, 11/23

National Dr. Who Day
10:00 – The Heartland Series
11:00 – Walking Warriors
1:00 – Back Patio Sitting
2:00 – Temple Baptist Church
3:00 – Dr. Who episode
4:00 – Dominoes & Dancing

Monday, 11/24

National Sardines Day
10:00 – Clear Springs Baptist Church
11:00- Chair Yoga to 90’s Country Music
1:00 – Front Porch Sitting
2:00 – Sardines Tasting
3:30 – Fishing upstairs

Tuesday, 11/25

10:00 – Devotions & Sing Along
11:00 – Workout w/Brandon from UT
1:00 – Front Porch Sitting
2:00 – Fall Painting 101
3:30 – BINGO

Wednesday, 11/26

National Cake Day
10:00 – Devotions & Sing Along
11:00 – Workout to Wolly Bully
11:30 – Archie Bunker
1:00 – Back Patio Sitting
2:00 – Cake Walk

Thursday, 11/27

Happy Thanksgiving
9:00 - 12:00 – Macys Thanksgiving Day Parade
1:00 – Front Porch Sitting
2:00 – Football Game
3:00 – Thanksgiving Word Search

Friday, 11/28

10:00 - Devotions & Sing Along
11:00 – Workout to Woolly Bully
1:00 – Front Porch Sitting
2:00 – Cornhole Practice
3:00 – Dominoes, Dolly & Dancing
4:00 – Movie Night

Saturday, 11/29

10:00 – Resident Lead Devotions
11:00 – Chair Yoga
1:00 – Front Porch Sitting
2:00 – Checkers & Conversations
3:00 – Babies Funniest Videos

Sunday, 11/30

10:00 – Daily Chronicles
11:00 – Chair Workout to Little Richard
1:00 – Front Porch Sitting
2:00 – Temple Baptist Church
3:00 – Walking Warriors



Wellington Manor Knoxville
Assisted Living