WELLINGTON MANOR KNOXVILLE

NOVEMBER 2026

Sunday, 11/1
Daylight Savings Time Ends
10:00 – The Heartland Series
11:00 – Walking Warriors
1:00 – Back Patio Sittin'
2:00 – Temple Baptist Church
3:00 – Read a Book & Relax

Monday, 11/2
10:00 – Clear Springs Baptist Church
11:00 – Game Shows
11:30 – Outing LUNCH BUNCH
1:00 – Front Porch Sittin'
3:00 - Bingo

Tuesday, 11/3
10:00 – Devotions & Sing Along
11:00 – Workout w/Brandon from UT
1:00 – Front Porch Sittin'
2:00 – Art Class 101
3:00 – Bingo

Wednesday, 11/4
10:00 – Hosting BINGO at Halls Senior Center
11:00 – Family Feud & Fellowship
1:00 – Front Porch Sittin'
2:00 – The No Name Band Performance
3:30 – Checkers, Cornhole, & Chit Chatting

Thursday, 11/5
National Donut Day
10:00 – Donuts & Dancing "Donut Stop Believing"
11:00 – Donut-Themed Trivia & History
1:00 – Front Porch Sittin'
2:00 – Donut Craft made w/puffy paint frosting
6:00 – Gillead Baptist Chuch

Friday, 11/6
10:00 – Devotions & Sing Along
11:00 – Workout with Brandon from UT
1:00 – Front Porch Sittin'
2:00 – Music & Memories
3:00 – BINGO

Saturday, 11/7
10:00 – Resident Lead Devotions
11:00 – Weekend Walking Warriors
1:00 – Front Porch Sittin'
2:00 – Checkers & Conversations
3:00 – Babies Funniest Videos

Sunday, 11/8
10:00 – News, Views, & Coffee Brews
11:00 – Weekend Walking Warriors
1:00 – Front Porch Sittin'
2:00 – Temple Baptist Church
3:00 – Crosswords & Country Music

Monday, 11/9
10:00 – Clear Springs Baptist Church
11:00 – Chair Exercises to Dolly Parton
11:30 – Outing LUNCH BUNCH
3:00 – Bingo

Tuesday, 11/10
Marine Corps Birthday
10:00 – Devotions & Sing Along
11:00 – Workout with Brandon from UT
1:00 – Back Patio Sittin'
2:00 – Movie Matinee "The Marine"
3:30 – Bingo

Wednesday, 11/11
Happy Birthday Janice!!
Veterans Day
10:00 – Devotions & Old Baptist Hymns
11:00 – Recite the Pledge of Allegiance
12:00 – Observe a Moment of Silence
1:00 – Back Patio Sittin'
2:00 – Birthday Party!
3:00 – Dancing into Dinner!

Thursday, 11/12
10:00 – Devotions & Sing Along
11:00 – Chair Exercises to CCR
11:30 – The Price is Right
1:00 – Back Patio Sittin'
2:00 – Michael Arnold's live Music Performance

Friday, 11/13
National Pickle Day-Wear Green
10:00 – Devotions & Old Baptist Hymns
11:00 – Workout with Brandon from UT
1:00 – Front Porch Sittin'
2:00 – Town Hall
3:00 – Pickle Taste Testing

Saturday, 11/14
10:00 – Resident Lead Devotions
11:00 – Walking Warriors
1:00 – Front Porch Sittin'
2:00 – Cornhole Practice
3:00 – Check out a Book from our in-house library

Sunday, 11/15
10:00 – News, Views, & Coffee Brews
11:00 – Walking Warriors
1:00 – Front Porch Sittin'
2:00 – Babies Funniest Videos
3:00 – Temple Baptist Church

Monday, 11/16
National Fast Food Day
10:00 – Clear Springs Baptist Church
11:00 – Chair Yoga
11:30 – Outing LUNCH BUNCH/ Chick-fil-A Fountain City Duck Pond
3:00 - Bingo

Tuesday, 11/17
National Take a Hike Day
10:00 – Devotions & Old Baptist Sing Along
11:00 – Workout w/Brandon with UT
1:00 – Front Porch Sittin'
2:00 – Indoor "Micro-Hike" Scavenger Hunt
3:30 – YouTube "8 Days in Yosemite's Backcountry"

Wednesday, 11/18
Mickey Mouse's Birthday*
10:00 – Devotions & Old Baptist Sing Along
11:00 – Seated Dance Party: Light upper body rhythm session
2:00 – Reminiscence Circle: ask residents to share there first time seeing a Disney movie or first trip to Disney World
3:00 – Mickey's debut short "Steamboat Willie" Released Nov 18, 1928
4:00 – Mickey Photo Booth

Thursday, 11/19
National Monopoly Day
10:00 – News, Views, & Coffee Brews
11:00 – Chair Yoga to Some kind of Wonderful
1:00 – Front Porch Sittin'
2:00 – Monopoly & Music Marathon
6:00 – Gillead Baptist Church

Friday, 11/20
10:00 – Resident Lead Devotions & Sing Along
11:00 – Workout with Brandon from UT
1:00 – Front Porch Sittin'
2:00 – Movie Matinee "The Great Outdoors"
3:00 – Checkers, Cornhole, & Country Music

Saturday, 11/21
10:00 – Resident Lead Devotions
11:00 – Game Show Gathering
1:00 – Front Porch Sittin'
2:00 – Walking Warriors
3:00 – Crosswords, Cards, & Country Music

Sunday, 11/22
Happy Birthday Monica!
10:00 – Resident Lead Devotions
11:00 – Chair Exercises to the Beach Boys
1:00 – Front Porch Sittin'
2:00 – Murder She Wrote Marathon
3:00 – Temple Baptist Church

Monday, 11/23
10:00 – Clear Springs Baptist Church
11:00 – Balloon Bop to the Beach Boys
11:30 – Outing LUNCH BUNCH
1:00 – Front Porch Sittin'
3:00 – Bingo

Tuesday, 11/24
TURKEY TROT DAY!!
10:00 – Devotions, & Old Baptist Hymns
11:00 – Workout with Brandon from UT
1:00 – Front Porch Sittin'
2:00 – Senior Turkey Trot Obstacle Course
3:30 – Turkey Trot Finisher Ribbon Pinning

Wednesday, 11/25
International Hat Day! Wear a Hat!
10:00 – Devotions & Old Baptist Hymns
11:00 – Musical Hat Chairs: pass a hat around the circle while the music plays whomever is holding the hat when the music stops shares a memory!
1:00 – Front Porch Sittin'
2:00 – Silly Hat Contest
3:00 – Hat & Fashion Parade

Thursday, 11/26
Happy Thanksgiving
10:00 – Macy's Thanksgiving Day Parade
11:00 – Family Storytelling Hour
1:00 – Fireplace Sittin'
2:00 – Football Game
3:00 – Gratitude Tree

Friday, 11/27
Black Friday
10:00 – Resident Lead Devotions & Sing Along
11:00 – Workout w/Brandon from UT
1:00 – Front Porch Sittin'
2:00 – Memories from Black Fridays Past
3:00 – YouTube Old Sears Catalogs Wishlist

Saturday, 11/28
National Letter Writing Day
10:00 – Resident Lead Devotions
11:00 – Chair Yoga
1:00 – Front Porch Sittin'
2:00 – Pick out a book from our in-house library
3:00 – Write a Letter to a Dear Friend

Sunday, 11/29
10:00 – Resident Lead Devotions
11:00 – Chair Exercises to Elvis
1:00 – Front Porch Sittin'
2:00 – Walking Warriors
3:00 – Cornhole Practice, Cross-words, & Checkers

Monday, 11/30
10:00 – Clear Springs Baptist Church
11:00 – Game Shows
11:30 – Outing LUNCH BUNCH
1:00 – Fireplace Sittin'
3:00 - Bingo

Wellington Manor Knoxville
Assisted Living