



WELLINGTON MANOR KNOXVILLE

APRIL 2025

Tuesday, 4/1

April Fools Day

10:30 – Spiritual Highway
11:30 – Puzzle Pals
2:00 – Sweet Treats
3:00 – Walking the Community
3:30 – Bunny Hop Balloon Bop

Wednesday, 4/2

National PB & J Day

10:00 – News, Views & Coffee Brews
11:00 – Chair Yoga
1:30 – Back Patio Sitting
2:00 – Pb & J Sandwiches
3:00 – Bird Watching

Thursday, 4/3

10:00 – Devotions
11:00 – Sweating to the Oldies
1:30 – Back Patio Sitting
2:00 – Game Shows
4:00 – The Heartland Series

Friday, 4/4

10:00 – Devotions
11:00 – Sit N’ Be Fit
1:30 – Word Search & Puzzle Solving
2:30 – Walking Warriors
3:00 – Movie Night “UP”

Saturday, 4/5

10:00 – News, Views & Coffee Brews
11:00 – Memories & Music
2:00 – Sweet Treats
3:00 – Back Patio Sitting
4:00 – Relax & Re-set

Sunday, 4/6

10:00 – Finish Bible Verses
11:00 – Sweating to the Oldies
1:00 – Back Patio Sitting
3:00 – Temple Baptist Church
4:00 – Music & Memories

Monday, 4/7

10:00 – News, Views & Coffee Brews
11:00 – Dancing to the 50’s
1:00 – Movers & Groovers Walking Club
3:00 – Word Search
4:00 – Bird Watching

Tuesday, 4/8

10:00 – Devotions & Sing Along
11:00 – Chair Yoga
1:00 – Back Patio Sitting
2:30 – Puzzles & Pals
3:30 – Little House on the Prairie

Wednesday, 4/9

10:00 – Devotions
11:00 – Twist & Shout!
1:00 – Filling up Bird Feeders
3:00 – Sweet Treats & Socializing
4:00 – Bird Watching

Thursday, 4/10

10:00 – Devotions & Old Baptist Hymns
11:00 – Dancing to the Oldies
1:00 – Back Patio Sitting
3:00 – Working Puzzles
4:00 – Listening to Music “Name that Tune?”

Friday, 4/11

10:00 – Devotions & Sing Along
11:00 – Noodle Volleyball
1:00 – Cruising the Neighborhood
2:00 – Word Search
3:00 – Andy Griffith

Saturday, 4/12

10:00 – Devotions
11:00 – Sweating to the Oldies
2:00 – Back Patio Sitting
3:00 – Bowling
4:00 – Afternoon Relaxation

Sunday, 4/13

10:00 – News, Views, & Coffee Brews
11:00 – Chair Yoga
2:00 – Back Patio Sitting
3:00 – Temple Baptist Church
4:00 – Afternoon Stroll

Monday, 4/14

National Gardening Day

10:00 – Devotions & Sing Along
11:00 – Sweating to the Oldies
1:00 – Walking Warriors
2:00 – Planting Flowers
3:30 – Movie Night “Hop”

Tuesday, 4/15

10:00 – Devotions & Doughnuts
11:00 – Chair Exercises to 50’s Music
1:00 – Back Patio Sitting
2:00 – Sweet Treats
2:30 – Easter themed Arts & Crafts

Wednesday, 4/16

National Pajama Day

10:00 – Coffee, Cocoa, & Conversations
11:00 – Sit N’ Be Fit
1:00 – Back Patio Siting
2:00 – Sweet Treats
2:30 – 13 going on 30 Movie

Thursday, 4/17

10:00 – News, Views & Coffee Brews
11:00 – Listening to the Oldies
1:30 – Sweet Treats
2:00 – Memory Game & Music
3:00 – Afternoon Relaxation

Friday, 4/18

Good Friday

10:00 – Devotions & Sing Along
11:00 – Chair Yoga
1:00 – Gun Smoke
2:00 – Bunny Hop Balloon Bop
3:00 – Coffee & Chit Chat

Saturday, 4/19

10:00 – Devotions
11:00 – Sweating to the Oldies
1:00 – Back Patio Sitting
2:00 – Sweet Treats & Scrabble
3:00 – Walking Warriors

Sunday, 4/20

Happy Easter

10:00 – Devotions & Sing Along
11:00 – Sweating to the Oldies
1:30 – Music & Memories
2:30 – Sweet Treats
3:00 – Temple Baptist Church

Monday, 4/21

10:00 – Devotions
11:00 – Chair Aerobics to the Oldies
1:00 – Sweet Treats
2:00 – Coffee, Crosswords & Conversations
3:00 – Back Patio Bird Watching

Tuesday, 4/22

National Jelly Bean Day

10:00 – Devotions
11:00 – Sit N’ Be Fit
1:00 – Coffee & Conversations
2:00 – Sweet Treats
3:00 – I Love Lucy

Wednesday, 4/23

10:00 – Devotions & Sing Along
11:00 – Sweating to the Oldies
1:30 – 4:00 OUTING Sunshine & Sundaes

Thursday, 4/24

10:00 – News, Views & Coffee Brews
11:00 – Chair Yoga
2:00 – Sweet Treats & Singing
3:00 – Gun Smoke
4:00 – Walking the Neighborhood

Friday, 4/25

10:00 – Devotions & Doughnuts
11:00 – Sittercise
2:00 – Sweet Treats
3:00 – Town Hall
4:00 – Movie Night Residents Choice

Saturday, 4/26

10:00 – Devotions
11:00 – Chair Yoga
1:00 – Back Patio Sitting
2:00 – Bird Watching
2:30 – Filling up Bird Feeders

Sunday, 4/27

10:00 – News, Views & Coffee Brews
11:00 – Chair Exercises
1:00 – Back Patio Sitting
2:00 – Sweet Treats
3:00 – Temple Baptist Church

Monday, 4/28

National Super Hero Day

10:00 – Devotions
11:00 – Listening to the Oldies
1:00 – Back Patio Sitting
1:30 – Making Sun Tea
2:30 – Wonder Woman old series

Tuesday, 4/29

10:00 – Devotions & Sing Along
11:00 – Singing & Socializing
1:30 – Back Patio Sitting
2:00 – Making Sun Tea
2:30 – Sweet Treats

Wednesday, 4/30

10:00 – Music & Memories
11:00 – Balloon Bop
2:00 – Sweet Treats
3:00 – Checkers & Chit Chat
4:00 – Back Patio Sitting

