



Wednesday, January 1st

10:00 – Wednesday Workout
 10:30 – Current Events
 1:00 – New Year Day Trivia
 2:00 – Snack & Chat
 3:00 – Reminiscing Past Times

Thursday, January 2nd

10:00 – Groovin’ & Movin’
 10:30 – Bible Trivia
 1:00 – Bingo for Prizes
 2:00 – Snack & Chat
 3:00 – The Beverly Hillbillies

Friday, January 3rd

10:00 – Friday Fitness
 10:30 – It’s Trivial
 1:00 – Bake With Me
 2:00 – TGIF Social
 3:00 – More ZZZ’s Please

Saturday, January 4th

Kenneth Perry
 10:00 – Reach & Stretch
 10:30 – Word Games
 1:00 – E-Z Trivia
 2:00 – Saturday Social with Friends
 3:00 – Adult Coloring

Sunday, January 5th

10:00 – Seniorcise
 10:30 – Devotional Hymns & Sing Along
 1:00 – Reminiscing Past Times
 2:00 – Sunday Sweet Social
 3:00 – Songs with Friends

Monday, January 6th

10:00 – Moving to Music
 10:30 – Golf Putt
 1:00 – Crafty Corner
 2:00 – Sandwich Social
 3:00 – January Pair Up

Tuesday, January 7th

10:00 – Infinite Rehab & Wellness
 10:30 – Funny Basketball Day
 1:00 – Reminiscing/Favorite Recipes
 2:00 – Alice in Wonderland Social
 3:00 – Who Am I?

Wednesday, January 8th

10:00 – Wednesday Workout
 10:30 – Current Events
 1:00 – Blue Shoes Game
 2:30 – Elvis Lives Day Social
 3:00 – Elvis Tunes

Thursday, January 9th

10:00 – Zumba Chair Fitness
 10:30 – Souper Detective
 1:00 – Bingo for Prizes
 2:00 – Soup’s On Day
 3:00 – What Am I?

Friday, January 10th

10:00 – Friday Fitness
 10:30 – Spelling Bee
 1:00 – Bake With Me
 2:00 – TGIF Social
 3:00 – Reminiscing/ Weird Foods

Saturday, January 11th

10:00 – Reach & Stretch
 10:30 – Word Games
 1:00 – E-Z Trivia
 2:00 – Saturday Social with Friends
 3:00 – Adult Coloring

Sunday, January 12th

John Coker
 10:00 – Seniorcise
 10:30 – Devotional Hymns & Sing Along
 1:00 – Reminiscing Past Days
 2:00 – Sunday Sweet Social
 3:00 – Western Movies

Monday, January 13th

10:00 – Moving to Music
 10:30 – Coffee & Conversation
 1:00 – Crafty Corner
 2:00 – Cocoa & Conversation/ Michelle
 3:00 – What Am I?

Tuesday, January 14th

10:00 – Infinite Rehab & Wellness
 10:30 – Poetry Reading
 1:00 – Wintertime Memories
 2:00 – Sandwich Social
 3:00 – Songs with Friends

Wednesday, January 15th

10:00 – Wednesday Workout
 10:30 – Bible Study/ Ora
 1:00 – Touring the City
 2:30 – Strawberry Ice Cream Social
 3:00 – Remembering Songs

Thursday, January 16th

10:00 – Groovin’ & Movin’
 10:30 – Bible Trivia
 1:00 – Bingo for Prizes
 2:00 – Fig Newton Social
 3:00 – The History of Figs

Friday, January 17th

10:00 – Friday Fitness
 10:30 – ‘S’no”Jokin”
 1:00 – Bake With Me
 2:00 – TGIF Social
 3:00 – The Three Stooges

Saturday, January 18th

10:00 – Reach & Stretch
 10:30 – Word Games
 1:00 – E-Z Trivia
 2:00 – Saturday Social with Friends
 3:00 – Adult Coloring

Sunday, January 19th

10:00 – Seniorcise
 10:30 – Devotional Hymns & Sing Along
 1:00 – Reminiscing Past Days
 2:00 – Sunday Sweet Social
 3:00 – Western Movies

Monday, January 20th

10:00 – Moving to Music
 10:30 – Short Stories & Discussion
 1:00 – Crafty Corner
 2:00 – TGIF Social
 3:00 – National Day of Service (MLK)

Tuesday, January 21st

10:00 – Infinite Rehab & Wellness
 10:30 – Granola Bars & Coffee
 1:00 – Magazine Scavenger Hunt
 2:00 – Disco Day
 3:00 – Who Am I?

Wednesday, January 22nd

10:00 – Wednesday Workout
 10:30 – Current Events
 1:00 – Adult Coloring
 2:00 – Minnie Mouse Social
 3:00 – The History of Minnie Mouse

Thursday, January 23rd

10:00 – Groovin’ & Movin’
 10:30 – Devotion with Kelvin
 1:00 – Bingo for Prizes
 2:00 – National Pie Day
 3:00 – Reminiscing with the Senses

Friday, January 24th

10:00 – Friday Fitness
 10:30 – Capital Bingo
 1:00 – Bake with Me
 2:00 – TGIF Social
 3:00 – The History of Peanut Butter

Saturday, January 25th

10:00 – Reach & Stretch
 10:30 – Word Games
 1:00 – E-Z Trivia
 2:00 – Saturday Social with Friends
 3:00 – Adult Coloring

Sunday, January 26th

10:00 – Seniorcise
 10:30 – Devotional Hymns & Sing Along
 1:00 – Reminiscing Past Days
 2:00 – Sunday Sweet Social
 3:00 – Western Movies

Monday, January 27th

10:00 – Moving to Music
 10:30 – It’s Trivial
 1:00 – Crafty Corner
 2:00 – Chocolate Cake Social
 3:00 – Songs with Friends

Tuesday, January 28th

10:00 – Infinite Rehab & Wellness
 10:30 – Tea & Trivia Tuesday
 1:00 – Finish The Song Title
 2:00 – Blueberry Pancake Social
 3:00 – Vacation Memories

Wednesday, January 29th

10:00 – Wednesday Workout
 10:30 – Cornhole Fun
 1:00 – National Puzzle Day
 2:00 – Cookies & Punch Social
 3:00 – Relaxing Music

Thursday, January 30th

10:00 – Groovin’ & Movin’
 10:30 – Draw a Dinosaur Day
 1:00 – Bingo for Prizes
 2:00 – Croissant’s & Coffee
 3:00 – Sports Trivia

Friday, January 31st

10:00 – Friday Fitness
 10:30 – Famous Sayings
 1:00 – Bake With Me
 2:00 – Hot Chocolate Bar
 3:00 – The History of Hot Chocolate