



Friday, November 1st

10:00 – Fun Fitness
 10:30 – Finish the song title
 1:00 – Bake with Me
 2:00 – TGIF Social
 3:00 – Can U Picture This

Saturday, November 2nd

10:00 – Reach & Stretch
 10:30 – Word Games
 1:00 – E-Z Trivia
 2:00 – Saturday Social w/ Friends
 3:00 – Adult Coloring

Sunday, November 3rd

10:00 – Seniorcise
 10:30 – Devotional Hymns & Sing Along
 1:00 – Reminiscing Past Days
 2:00 – Sunday Sweet Social
 3:00 – Western Movies

Monday, November 4th

10:00 – Moving to Music
 10:30 – Trivia
 1:00 – Crafty Corner
 2:00 – Sandwich Social
 3:00 – History of Refrigeration

Tuesday, November 5th

10:00 – Infinite Rehab & Wellness
 10:30 – National Doughnut Day
 1:00 – Times We Treasure
 2:00 – S’mores Social
 3:00 – Sing Along

Wednesday, November 6th

10:00 – Wednesday Workout
 10:30 – Current Events
 1:00 – Touring the City
 2:30 – Cheese & Cracker Social
 3:00 – Basketball Trivia

Thursday, November 7th

10:00 – Groovin’ & Movin’
 10:30 – Bible Trivia
 1:00 – Bingo for Prizes
 2:00 – Cookies & Punch Social
 3:00 – Remembering American Bandstand

Friday, November 8th

10:00 – Friday Fitness
 10:30 – Finish the Phrase
 1:00 – Bake with Me
 2:00 – TGIF Social
 3:00 – An Unexpected Adventure

Saturday, November 9th

10:00 – Reach & Stretch
 10:30 – Word Games
 1:00 – E-Z Trivia
 2:00 – Saturday Social with Friends
 3:00 – Adult Coloring

Sunday, November 10th

Johnnie Duberry
 10:00 – Seniorcise
 10:30 – Devotional Hymns & Sing Along
 1:00 – Reminiscing Past Days
 2:00 – Sunday Sweet Social
 3:00 – Western Movies

Monday, November 11th

10:00 – Veteran/Remembrance Day
 10:30 – Short Story & Discussion
 1:00 – Crafty Corner
 2:00 – Patriotic Sundaes
 3:00 – Sing Along with Friends

Tuesday, November 12th

10:00 – Infinite Rehab & Wellness
 10:30 – Finish the Song Title
 1:00 – Magazine Scavenger Hunt
 2:00 – Blueberry Muffin Social
 3:00 – Who Am I

Wednesday, November 13th

10:00 – Wednesday Workout
 10:30 – Current Events
 1:00 – Shopper-in-Training Det.
 2:00 – P/B Sandwich Social
 3:00 – Who Am I?

Thursday, November 14th

10:00 – Groovin’ & Movin’
 10:30 – E-Z Trivia
 1:00 – Bingo for Prizes
 2:00 – Pajama Party Day
 3:00 – Songs with Friends

Friday, November 15th

10:00 – Friday Fitness
 10:30 – Thankful Connection Paper Chains
 1:00 – The Beverly Hillbillies
 2:00 – TGIF Social
 3:00 – Name that Tune

Saturday, November 16th

10:00 – Reach & Stretch
 10:30 – Word Games
 11:00 – Friendsgiving with Families
 1:00 – E-Z Trivia
 3:00 – Adult Coloring

Sunday, November 17th

10:00 – Seniorcise
 10:30 – Devotional Hymns & Sing Along
 1:00- Reminiscing Past Days
 2:00 -Sunday Sweet Social
 3:00 – Hand massages w/ Lotion

Monday, November 18th

10:00 – Moving to Music
 10:30 – Crafty Corner
 1:00 – (Film) The Little Princess
 2:30 – High Tea Social
 3:00 – Who Am I?

Tuesday, November 19th

10:00 – Infinite Rehab & Wellness
 10:30 – Let’s Talk Turkey Tuesday
 1:00 – Capital Bingo
 2:00 – Apple Muffin Social
 3:00 – Simon Says

Wednesday, November 20th

10:00 – Bible Study/Ora
 10:30 – Workout Wednesday
 1:00 – Touring the City
 2:30 – Hostess Twinkie Social
 3:00 – Hooked on Books Detective

Thursday, November 21st

10:00 – Groovin’ & Movin’
 10:30 – It’s Trivial
 1:00 – Bingo for Prizes
 2:00 – Gingerbread Cookie Social
 3:00 – History of Flight

Friday, November 22nd

10:00 – Friday Fitness
 10:30 – Finish the Phrase
 1:00 – Bake with Me
 2:00 – Cowboy Social
 3:00 – Who Am I?

Saturday, November 23rd

10:00 – Reach & Stretch
 10:30 – Word Games
 1:00 – E-Z Trivia
 2:00 – Saturday Social with Friends
 3:00 – Adult Coloring

Sunday, November 24th

10:00 – Seniorcise
 10:30 – Devotional Hymns & Sing Along
 1:00 – Reminiscing Past Days
 2:00 – Sunday Sweet Social
 3:00 – Western Movies

Monday, November 25th

10:00 – Moving to Music
 10:30 – Bible Trivia
 1:00 – Crafty Corner
 2:00 – Jello Pudding Social
 3:00 – Paper Airplane Race

Tuesday, November 26th

10:00 – Infinite Rehab & Wellness
 10:30 – Twenty Questions Game
 1:00 – The Price is Right Day
 2:00 – National Cake Day
 3:00 – Things You Never Knew

Wednesday, November 27th

10:00 – Wednesday Workout
 10:30 – Current Events
 1:00 – Farm Theme Coloring Pages
 2:00 – Popcorn Social
 3:00 – Farm/Ag Trivia

Thursday, November 28th

10:00 – Groovin’ & Movin’
 10:30 – Thanksgiving Trivia
 1:00 – History of Grand Ole Opry Performers
 2:00 – Chips & Dip Social
 3:00 – Bluegrass Music

Friday, November 29th

10:00 – Friday Fitness
 10:30 – Finish the Song
 1:00 – Bake with Me
 2:00 – TGIF Social
 3:00 – History of Black Friday

Saturday, November 30th

10:00 – Reach & Stretch
 10:30 – Word Games
 1:00 – E-Z Trivia
 2:00 – Saturday Social with Friends
 3:00 – Adult Coloring

