



Thursday, October 1st

Happy Birthday Carol Mitchell!

9:00 - Walking Club - ML
9:30 - Chair Yoga – CR
10:00 - Craft Corner - CR
1:30 - 2:00 - Ice Cream Parlor Open
2:00 - Laughing Yoga and Legacy Writing with Oscar from Empath Health - CR

Friday, October 2nd

9:30 - Chair Exercise - CR
10:00 - Outing to Dollar Tree (Sign-Up)
1:30 - 2:00 - Ice Cream Parlor Open
2:00 - Bingo - MDR

Saturday, October 3rd

MOD Candace

9:30 - Chair Exercise - CR
10:00 - Doughnuts - ML
10:30 - Activity with Staff - CR
1:30 - 2:00 - Ice Cream Parlor Open

Sunday, October 4th

9:30 - Donuts - ML
1:00 - Funny Money Worksheet - ML
1:30 - 2:00 - Ice Cream Parlor Open
3:00 - Nondenominational Worship Service - CR

Monday, October 5th

9:30 - Chair Exercise - CR
10:00 - Coffee Bar & Jazz - CR
10:30 - Brain Games - CR
1:30 - 2:00 - Ice Cream Parlor Open
2:00 - Bingo - MDR

Tuesday, October 6th

9:30 - Chair Yoga - CR
10:30 - Bible Study with Jeff - CR
1:30 - 2:00 - Ice Cream Parlor Open
1:45 - Movie and Popcorn - CR
2:00 - Pool Time at Sun N Lake - ML

Wednesday, October 7th

9:00 - Catholic Communion - LIB
9:30 - Chair Exercise - CR
10:30 - Medicare Q&A w/Sunship (With Coffee and Donuts) - CR
1:30 - 2:00 - Ice Cream Parlor Open
2:00 - Bingo - MDR
3:00 - Manicures with Ashley from Centerwell - CR

Thursday, October 8th

9:00 - Walking Club - ML
9:30 - Chair Yoga - CR
10:00 - Hymnal Sing-Along with Reflections - C LOBBY
1:30 - 2:00 - Ice Cream Parlor Open
2:00 - Town Hall Meeting (All Residents) - MDR

Friday, October 9th

9:30 - Chair Exercise - CR
10:00 - Morning Trip to Walmart (Sign-Up)
1:30 - 2:00 - Ice Cream Parlor Open
2:00 - Afternoon Trip to Walmart (Sign-Up)
2:00 - Bingo - MDR

Saturday, October 10th

MOD Jennifer

9:30 - Chair Exercise - CR
10:00 - Donuts - ML
10:30 - Activity with Staff - CR
1:30 - 2:00 - Ice Cream Parlor Open

Sunday, October 11th

9:30 - Doughnuts - ML
1:00 - Funny Money Worksheet - ML
1:30 - 2:00 - Ice Cream Parlor Open
3:00 - Nondenominational Worship Service - CR

Monday, October 12th

9:30 - Chair Exercise - CR
10:00 - Coffee Bar & Jazz - CR
10:30 - Brain Games - CR
1:30 - 2:00 - Ice Cream Parlor Open
2:00 - Bingo - MDR

Tuesday, October 13th

9:30 - Chair Yoga - CR
10:30 - Bible Study with Jeff - CR
1:30 - 2:00 - Ice Cream Parlor Open
2:00 - Resident Council Meeting (All Residents) - MDR
2:00 - Pool Time at Sun N Lake - ML

Wednesday, October 14th

9:00 - Catholic Communion - LIB
9:30 - Chair Exercise - CR
10:00 - Cornhole - CR
12:00 - Veterans Luncheon with the DAV - LIB
1:30 - 2:00 - Ice Cream Parlor Open
2:00 - Bingo - MDR

Thursday, October 15th

9:00 - Walking Club - ML
9:30 - Chair Yoga - CR
10:00 - Craft Corner - CR
1:30 - 2:00 - Ice Cream Parlor Open
2:00 - Monthly Informational Food Meeting - MDR

Friday, October 16th

9:30 - Chair Exercise - CR
10:00 - Celebration of the Word with St. Catherine’s Catholic Church - LIB
10:45 - Food Trip to Outback (Sign-Up)
1:30 - 2:00 - Ice Cream Parlor Open
2:00 - Bingo - MDR

Saturday, October 17th

MOD Candace

9:30 - Chair Exercise - CR
10:00 - Doughnuts - ML
10:30 - Activity with Staff - CR
1:30 - 2:00 - Ice Cream Parlor Open

Sunday, October 18th

9:30 - Doughnuts - ML
1:00 - Funny Money Worksheet - ML
1:30 - 2:00 - Ice Cream Parlor Open
3:00 - Nondenominational Worship Service - CR

Monday, October 19th

9:30 - Chair Exercise - CR
10:00 - Coffee Bar & Jazz - CR
10:30 - Brain Games - CR
1:30 - 2:00 - Ice Cream Parlor Open
2:00 - Bingo - MDR

Tuesday, October 20th

9:30 - Chair Yoga - CR
10:00-2:00 - S.A.L.T. (Seniors and Law Enforcement Together) Senior Expo at Sebring Christian Church (RSVP ONLY with Lunch provided)
10:30 - Bible Study with Jeff - CR
1:30 - 2:00 - Ice Cream Parlor Open

Wednesday, October 21st

9:00 - Catholic Communion - LIB
9:30 - Chair Exercise - CR
10:00 - Armchair Travel: Spain - CR
1:30 - 2:00 - Ice Cream Parlor Open
2:00 - Bingo - MDR

Thursday, October 22nd

9:00 - Walking Club - ML
9:30 - Chair Yoga - CR
10:00 - Hymnal Sing-Along with Reflections - C-Lobby
1:30 - 2:00 - Ice Cream Parlor Open
2:00 - October Birthday Celebration w/Dave Smith - MDR

Friday, October 23rd

Happy Birthday Ken Vanhynning!

9:30 - Chair Exercise - CR
10:00 - Morning Walmart Trip (Sign-Up)
1:30 - 2:00 - Ice Cream Parlor Open
2:00 - Bingo - MDR
2:00 - Afternoon Walmart Trip (Sign-Up)

Saturday, October 24th

MOD Jennifer

9:30 - Chair Exercise - CR
10:00 - Doughnuts - ML
10:30 - Activity with Staff - CR
1:30 - 2:00 - Ice Cream Parlor Open

Sunday, October 25th

Happy Birthday Nora Lopez!

9:30 - Donuts - ML
1:00 - Funny Money Worksheet - ML
1:30 - 2:00 - Ice Cream Parlor Open
3:00 - Nondenominational Worship Service - CR

Monday, October 26th

9:30 - Chair Exercise - CR
10:00 - Coffee Bar and Jazz - CR
10:30 - Brain Games - CR
1:30 - 2:00 - Ice Cream Parlor Open
2:00 - Bingo - MDR

Tuesday, October 27th

9:30 - Chair Yoga - CR
10:30 - Bible Study with Jeff - CR
1:30 - 2:00 - Ice Cream Parlor Open
1:45 - Movie and Popcorn - CR
2:00 - Pool Time at Sun N Lake - ML

Wednesday, October 28th

9:00 - Catholic Communion - LIB
9:30 - Chair Exercise - CR
10:30 - Thirst things First (Hydration): Presentation with Advent Health - CR
1:30 - 2:00 - Ice Cream Parlor Open
2:00 - Bingo - MDR

Thursday, October 29th

9:00 - Walking Club - ML
9:30 - Chair Yoga - CR
10:00 - Craft Corner - CR
1:30 - 2:00 - Ice Cream Parlor Open
2:00 - Wheelchair and Walker Check with Exalt Health - CR

Friday, October 30th

9:30 - Chair Exercise - CR
10:00 - Outing to Lakeshore Mall (Sign-Up)
1:30 - 2:00 - Ice Cream Parlor Open
2:00 - 3:00 - Trunk or Treat! - Parking Lot

Saturday, October 31st

MOD Candace

9:30 - Chair Exercise - CR
10:00 - Doughnuts - ML
10:30 - Activity with Staff - CR
1:30 - 2:00 - Ice Cream Parlor Open

