

# **FEBRUARY** 2025

#### **Saturday, February 1st**

#### National Dark Chocolate Day

9:00 – Meditation (DAR) 10:00 – Card Games (ULR) 1:00 – Adult Coloring (DAR) 2:30 - Resident Choice 3:30 - Movie Marathon (DAR & ULR)

## Sunday, February 2nd

National Groundhog Day 9:30 - Worship (FL) 10:00 – Meditation (DAR) 11:30 – Adult Coloring (DAR) 2:30 - Movie Marathon (DAR & ULR) 3:30 - Resident Choice

#### **Monday, February 3rd**

#### National Bubblegum Day 10:00 – Chair Yoga (DAR) 11:00 - Resident Choice 1:00 -Walking Club (ULR) 2:00 - BINGO (DDR) 3:30 - Netflix Movie Night (DAR & ULR)

#### **Tuesday, February 4th**

National Sweater Day 11:00 – Pet Therapy 2:00 – Walking Club (ULR) 3:30 - Domino Showdown (ULR & DAR)

#### Wednesday, **February 5th**

National Fondue Dav 9:00 – Walmart Outing 1:00 - Fondue Party (DDR) 4:00 - Uno Battle (ULR & DAR)

#### Thursday, **February 6th**

National Doughnut Day

10:00 - Doughnuts and Discussion (FL) 11:00 - Valentine Craft (UAR) 2:00 – Rocky Ford (FL) 4:00 – Scrabble (UAR & DAR)

# Friday, February 7th

National Rose Day 9:00 – Nail Care (DAR) 10:30 – National Space Walk (1984) (DAR) 1:00 - Family Feud (ULR) 2:30 - Resident Choice

#### Saturday, February 8th

9:30 – Resident Choice 11:30 - Adult Puzzles (UAR & DAR) 2:00 - Movie Marathon (UAR & DAR)

# Sunday, February 9th

9:00 – Worship (FL) 10:00 - Board Games (UAR & DAR) 11:30 - Resident Choice 1:00 – Movie Marathon (UAR & DAR) 5:00 – Super Bowl Kickoff (DAR & ULR)

# Monday, February 10th

National Flannel Day (Wear Your Favorite FLAN-NEL) 10:00 – Winter Puzzle (UAR & DAR) 2:00 - BINGO (DDR) 3:30 -Domino Showdown (UAR & DAR)

## **Tuesday, February 11th**

10:00 – Beauty Boutique (UB) 1:00 – Corn hole Tournament (DAR) 2:30 - Resident Choice 3:30 -Movie and Popcorn (DAR)

#### Wednesday. **February 12th**

9:00 – Chair Yoga (UAR) 10:00 – Valentine Craft (DAR) 3:30 - Flounder Dinner Outing

#### Thursday, February 13th

#### National Cheddar Day 10:00 – "How to" Charcuterie Board (UDR) 1:00 - Card Games (UAR & DAR)

2:30 – Valentine Voting (King and Queen) (UAR & DAR) 3:30 – Resident Choice

# Friday, February 14th

#### Valentines Day

9:00 - Nail Care (DAR) 11:30 – Hangman (UAR) 1:30 - Family Feud (DAR) 2:00 – Valentine Bingo (DDR) 5:00 – Valentine's Day Party (FL)

#### Saturday, February 15th

National Hippo Day 10:00 – Animal Planet (UAR &

DAR) 11:30 - Board Games (UAR & DAR) 2:00 – Movie Marathon (ULR & DAR)

# Sunday, February 16th

10:00 – Worship (FL) 11:00 – Adult Coloring (UAR & DAR) 2:00 – Craft with Carol (DAR)

#### Monday, **February 17th**

Presidents' Day National World Spirit Day 10:00 – Devotions (ULR) 1:00 – Popcorn PaLooZa (DDR) 2:00 - BINGO (DDR)

#### **Tuesday**, **February 18th**

9:00 - Facials (UAR) 10:00 – Beauty Boutique (UB) 2:00 - Resident Choice 3:00 -St. Patty's Craft (DAR)

#### Wednesday, February **19th**

#### **U.S Coast Guard Day**

9:00 - Walmart Outing 1:00 - Pearl Harbor Movie (DAR) 3:00 – DAV Discussion (UAR)

# Thursday, **February 20th**

10:00 – Coffee and Treats (UAR) 11:00 – Devotions (UAR) 2:00 – Uno Blitz (UAR & DAR)

# Friday, February 21st

**International Pancake Day** 9:00 - Nail Care (DAR) 11:00 – Pancake Party (UDR) 2:00 - Corn hole Tournament (DAR)

# Saturday. **February 22nd**

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# Sunday, February 23rd

National Tootsie Roll Day 10:00 – Devotion (FL) 11:00 – Adult Puzzles (UAR & DAR) 2:00 - Resident Choice

## Monday, **February 24th**

National Quiet Day 9:00 – Meditation (DAR) 10:00 - Painting (UAR & DAR) 1:00- Charades (DAR) 2:00 – Silent BINGO (DDR)

#### **Tuesday. February 25th**

9:00 - Hand Massages (DAR) 10:00 – Chair Yoga (DAR) 11:00 – Walking Club (ULR) 2:00 – Birthday Celebration (DDR)

National Muffin Day

National Wildlife Day 10:00 – Animal Planet (UAR &

11:00 – Adult Puzzles (UAR &

2:30 - Resident Choice 3:30 – Movie Marathon (ULR &

## Wednesday, **February 26th**

National Polar Bear Dav 10:00 - Polar Plunge (FL) 1:00 – Hot Cocoa Bar (FL) 2:00 - Resident Menu Meeting (DDR) 3:30 - Adult Puzzles (UAR & DAR)

#### Thursday, **February 27th**

National Floral Day 9:30 – Flower Arrangements (UAR) 1:00 – St. Patty's Day Craft (DAR) 2:00 - Resident Council (DDR)

# Friday, February 28th

9:00 - Nail Care (DAR) 1:00 – Superman Movie and Popcorn (DAR) 3:30 -**Resident** Choice



**Inverness of Spartanburg** Assisted Living