

ASHTON  
MANOR  
AT SUGARLOAF

SEPTEMBER 2025

**Monday 1**  
**Happy Labor Day!**  
9:30 am Morning Worship Music  
10:00 am Fit and Fab Exercise  
11:00 am Daily Chronicles  
1:30 pm Painting  
2:00 pm Spelling Bee  
6:00 pm Movie Night TV Room

**Tuesday 2**  
9:30 am Morning Worship Music  
10:00 Bible Study w/Juanita & Evelyn  
11:00 am Daily Chronicles  
1:30 Math Made Easy  
2 pm Puzzle Fun  
6:00 pm Movie Night

**Wednesday 3**  
9:30 am Morning Worship Music  
10:00 am Fit and Fab Exercise  
11:00 am Daily Chronicles  
2:00 pm Movie Matinee  
5:00 pm Relax & Reminisce

**Thursday 4**  
9:30 am Morning Worship Music  
10:00 am Fit & Fab Exercise  
11:00 am Daily Chronicles  
1:30 pm Craft  
2:30 National Wildlife Day Discussion  
6:00 pm Movie Night

**Friday 5**  
9:30 am Morning Worship Music  
10:00 am Fit & Fab Exercise  
11:00 am Daily Chronicles  
1:30 pm Brain Exercises  
2:30 pm Matching Game  
6:00 pm Movie Night

**Saturday 6**  
9:30 am Morning Worship Music  
10:00 am Fit and Fab Exercise  
11:00 am Daily Chronicles  
1:30 pm Painting  
3:00 pm Sing-along  
6:00 pm Movie Night

**Sunday 7**  
**Happy Grandparent's Day**  
9:30 am Morning Worship Music  
10:00 am Fit and Fab Exercise  
11:00 Daily Chronicles  
2:00 pm Movie Matinee  
3:00 pm Music and Chat  
6:00 Movie Night

**Monday 8**  
**Happy Assisted Living Week**  
**Theme: Western Day Dressup**  
9:30 am Morning Worship Music  
10:00 am Fit & Fab Exercise  
11:00 am Daily Chronicles  
1:30 pm Adult Coloring (Cowboys)  
2:00 pm Snack and Social  
6:00 pm Movie Night

**Tuesday 9**  
**Theme: Hawaiian Day Dressup**  
9:30 am Morning Worship Music  
10:00 am Bible Study w/ Juanita & Evelyn  
11:00 am Daily Chronicles  
1:30 pm Hawaiian Craft  
2:20 pm Adult Coloring  
6:00 pm Movie Night

**Wednesday 10**  
**Theme: Italian Day Dressup**  
9:30 am Morning Worship Music  
10:00 am Fit & Fab Exercise  
11:00 am Daily Chronicles  
2:00 pm Spelling Bee  
6:00 pm Relax and Reminisce

**Thursday 11**  
**Theme: Mexican Day Dressup**  
9:30 am Morning Worship Music  
10:00 am Fit and Fab Exercise  
11:00 am Daily Chronicles  
1:30 pm Craft  
3:00 pm Family Feud Italian Day  
6:00 pm Movie Night

**Friday 12**  
**Theme: International Day Dressup**  
9:30 am Morning Worship Music  
10:00 am Fit & Fab Exercise  
11:00 am Daily Chronicles  
1:30 pm Cardboard Craft  
3:00 pm Puzzle Fun  
6:00 pm Movie Night

**Saturday 13**  
9:30 am Morning Worship Music  
10:00 am Fit and Fab Exercise  
11:00 am Daily Chronicles  
2:00 pm Brain Games  
6:00 pm Movie Night

**Sunday 14**  
9:30 am Morning Worship Music  
10:00 am Fit and Fab Exercise  
11:00 am Daily Chronicles  
2:00 pm Snack Social  
6:00 pm Movie Night

**Monday 15**  
9:30 am Morning Worship Music  
10:00 am Fit & Fab Exercise  
11:00 am Daily Chronicles  
1:30 pm Matching Game  
3:00 pm Family Feud  
6:00 pm Movie Night

**Tuesday 16**  
9:30 am Morning Worship Music  
10:00 am Fit and Fab Exercise  
11:00 am Daily Chronicles  
1:30 pm Craft  
2:30 pm Math Made Easy  
6:00 pm Music 60's & 70's

**Wednesday 17**  
9:30 am Morning Worship Music  
11:00 am Daily Chronicles  
1:30 pm Spelling  
2:00 pm Math Made Easy  
6:00 pm Movie Night

**Thursday 18**  
9:30 am Morning Worship Music  
10:00 am Fit and Fab Exercise  
11:00 pm Daily Chronicles  
1:30 pm Matching Game  
3:00 pm Wheel of Fortune  
6:00 pm Movie Night

**Friday 19**  
9:30 am Morning Worship Music  
10:00 am Chair Yoga w/ Libbi  
11:00 am Daily Chronicles  
1:30 pm Brain Exercise  
3:00 pm Adult Coloring  
6:00 pm Movie Night

**Saturday 20**  
9:30 am Morning Worship Music  
10:00 am Fit and Fab Exercise  
11:00 am Daily Chronicles  
1:30 pm Craft  
3:00 pm Puzzle Group  
6:00 pm Movie Night

**Sunday 21**  
9:30 am Morning Worship Music  
10:00 am Fit and Fab Exercise  
11:00 am Daily Chronicles  
2:00 pm Movie Matinee  
6:00 pm Movie Night

**Monday 22**  
9:30 am Morning Worship Music  
10:00 am Fit and Fab Exercise  
11:00 pm Daily Chronicles  
1:30 pm Name That Tune  
2:30 pm Snacks and Social Hour  
6:00 pm Movie Night

**Tuesday 23**  
9:30 am Morning Worship Music  
10:00 am Fit and Fab Exercise  
11:00 am Daily Chronicles  
1:30 pm Family Feud  
2:30 pm Art Project  
6:00 pm Movie Night

**Wednesday 24**  
9:30 am Morning Worship Music  
10:00 am Fit and Fab Exercise  
11:00 am Daily Chronicle  
2:00 pm Math Made Easy  
6:00 pm Movie Night

**Thursday 25**  
9:30 am Morning Worship Music  
10:00 am Fit and Fab Exercise  
11:00 am Daily Chronicle  
1:30 pm Matching Game  
3:00 pm Cooking Demo  
6:00 pm Movie Night

**Friday 26**  
9:30 am Morning Worship Music  
10:00 am Fit & Fab Exercise  
11:00 am Daily Chronicles  
2:00 pm Spelling Bee  
6:00 pm Movie Night

**Saturday 27**  
9:30 am Morning Worship Music  
10:00 am Fit and Fab Exercise  
11:00 am Daily Chronicles  
1:30 pm Adult Coloring  
3:00 pm Music and Social Hour  
6:00 pm Movie Night

**Sunday 28**  
9:30 am Morning Worship Music  
10:00 am Fit and Fab Exercise  
11:00 am Daily Chronicles  
2:00 pm Movie Matinee  
6:00 pm Relax Social

**Monday 29**  
9:30 am Morning Worship Music  
10:00 am Fit and Fab Exercise  
11:00 am Daily Chronicles  
1:30 pm Cooking Demo  
6:00 pm Movie Night

**Tuesday 30**  
**September Birthday Celebration**  
9:30 am Morning Worship Music  
10:00 am Fit and Fab Exercise  
11:00 am Daily Chronicles  
2:00 pm Family Feud